

Hello!

Great that you want to join the "Små bläckfiskar" or "Little squids" project for preemies!

In this document you'll find:

- General information
- Safety instructions, which are extremely important as the Squids will be given to preemies during the most vulnerable periods of their lives.
- List of approved and not-approved yarns.
- List of Dutch and Belgian ambassadors
- Crochet pattern for both thick and thin yarns

There is a (Dutch) Facebook group which you can join here:

<https://www.facebook.com/groups/679347088754647/>

We also have a website:

www.kleine-inktvisjes.eu

And a Twitter account you can follow and retweet:

[@inktvisjeshaken](https://twitter.com/inktvisjeshaken)

General information

This project depends on the volunteers (that's YOU!) who make Squids for free and with their own materials.

You can participate as long (or as short) as you want, there's no time limit, nor a max/min number of Squids you make.

The pattern and/or Squids may not be sold. Should you become aware of the contrary, please contact Ria Knulst at ria@aankleedpopje.nl.

The Squids are never sent/brought directly to hospital by volunteers. Instead, each hospital has an "ambassador" who receives Squids, controls them and delivers them to the hospital (s)he works with. Please, do not contact hospitals directly.

The procedure step-by-step:

- Carefully read the safety instructions
- Make one or more Squid(s)
- Not mandatory, but appreciated: name your Squid, write it on a card with your name and eventually your e-mail/blog/website. If you wish, write a small note to the parents of preemie
- Do not attach the card to the Squid. The Squid will have to be washed by an ambassador and (s)he will attach your card later. Just put your Squids and their cards in a separate plastic bag, so we know which card belongs where. If you don't include cards then you don't have to put each Squid in a separate bag.
- Should you have pets, please let us know. We will inspect your Squids more carefully and wash it twice, because preemies can react to pets' hair and develop an allergy
- Send your Squids to an ambassador. You will find a list with ambassadors' names and contact information at the end of this document.
- The ambassador will wash your Squids at 60°C and verify whether or not they comply with the safety rules. If you want to know whether your Squids are accepted, or you're using yarn that is not in the list of accepted yarns, let the ambassador know.
- If your Squid is not compliant, it will not be thrown away! Instead, it will be given to a preemie's sibling as a present.
- The ambassador will bring separately packed Squids to the hospital (s)he works with. It's up to the hospital's staff to decide which preemie gets which Squid.

Some (useful) links:

- Our website: <http://www.kleine-inktvisjes.eu/>
- Where it all started (in Danish): <http://www.spruttegruppen.dk/>
- Swedish website: <http://www.babydjungeln.se/virka-blackfisk/>
- Photo-tutorial: <http://www.babydjungeln.se/tutorial-blackfiskar/>
- Video-tutorial (in Danish): <http://www.babydjungeln.se/video-tutorial-sa-virkar-du-en-blackfisk/>
- (Closed) Dutch Facebook group: <https://www.facebook.com/groups/679347088754647/>
- Open Dutch Facebook group: <https://www.facebook.com/inktvisjes>
- Swedish Facebook group: <https://www.facebook.com/groups/267757620021621/>
- Ria's blog (in Dutch): <http://aankleedpopje.blogspot.com>

Safety instructions

It's extremely important that the safety rules are obeyed. The Squids are not just a toy. They're given to preemies during the most vulnerable periods of their lives. It is in our hands to make them as safe as possible. No exceptions whatsoever will be made.

Approximately 30% of the Squids we received so far have not passed the safety control. Do not underestimate the importance of the rules!

Here are the rules:

- Make your Squids out of non-pilling 100% cotton. It's important that yarn doesn't pill, because preemies can inhale loose fibres and their lungs is very vulnerable.
- Further in this document you will find a list of approved and not-approved yarns. If you use a not-approved yarn, it will become a sibling's present. Let us know if you use a not-approved yarn or yarn that is not yet in the list of approved yarns. Should the yarn you used pass the check, we will add it to the list and therefore expand the choice.
- Yarn and polyester stuffing have to be washable at 60°C. Please use polyester stuffing as it dries faster.
- Should you have pets, please let us know. We will inspect your Squids more carefully and wash it twice, because preemies can react to pets' hair and develop an allergy.
- Body of the Squid should have diameter of minimum 4.5 cm. If it fits through a toilet paper roll, it's too small. You either need thicker yarn or you have to follow the pattern for thinner yarns.
- The (stretched out) tentacles should be maximum 20 cm long. Check this when you make your chain, before crocheting back.
- Eyes or any eventual decorations should be thoroughly sewed on. Some hospitals will not accept Squids with too many decorations, if this is the case, it'll be mentioned in the list of ambassadors.
- Loops to hang Squids are discouraged as preemies' fingers can get tangled in them.
- You should crochet tightly, so that no stuffing can come through the holes. In any case, we encourage you put your stuffing into a nylon sock/tight first, to be completely sure.

List of yarns

Make your Squids out of non-pilling 100% cotton, washable at 60°C. It's important that yarn doesn't pill, because preemies can inhale loose fibres and their lungs is very vulnerable.

The size of crochet hook that you have to use is written on the label. But it's up to you to decide whether you like the fabric you're getting. If it's too holey, go down a hook size. If your Squid is coming out too small, follow the pattern for thinner yarns.

Approved yarns:

- Adriaafil Fusione
- Alize bella (Batik Design)
- Anchor Style 100% mercerised cotton
- Anker (Lana Indalo)
- Catania & Catania Grande & Catania Color
- Cotone & Cotone print (Lana Grossa)
- Cotton Eco Color (Schachenmayer)
- Cotton Lux (Idena)
- DMC Natura
- Drops Muskat (splits a lot, but doesn't pill)
- Drops Safran
- Durable Coral
- Filatura Di Crosa Millefili Fine
- G-B no. 2 (shrinks a lot)
- G-B Carina Color & effen & Milana Batik
- Grundl Cotton Quick Print
- Hjertegarn Cotton nr. 8
- Ice yarn Camilla Cotton 100% mercerised
- Katia Capri & Capri print & Bombay
- Lana Grossa Toccata
- Lang Golf
- Limone (Schoeller & Stahl)
- Linea Pura organico (Lana Grossa)
- Lyric (Puppets, Coats)
- Mariposa mercerised cotton
- Multi 8 100% mercerised cotton
- Phildar Phil Cotton 3
- Pingouin Esterel (Veritas, Boekenvoordeel)
- Quattro color (Lang Yarns)
- Rio (Lammy)
- Scheepjes/Scheepjeswol Cotton 8 & Larra
- Steinbach du Capri & Nizza
- Wibra Nova mercerised cotton

Not-approved yarns:

- Action cotton
- Aldi cotton
- Anell Cotton 8
- Cotton Fifty
- Cotton Nature
- Drops Paris
- Durable Spotty
- GB-8 cotton
- Ice yarn anti bacterial
- Ice yarn Baby Cotton & Gentle Magic
- Lidl katoen
- Linda
- Peaches&Creme
- Performance Cotton Passion
- StrengelS
- Zeeman 70% cotton

Belgian hospitals and their ambassadors

Antwerpen ZNA Middelheim:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Karina Vermeulen
karina.inktvisjes@gmail.com

Bonheiden Imelda hospital:

Only embroidered eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

No contact information on the card.

- Saskia de Cocker
inktvisjesvoorbonheiden@outlook.be

Borgerhout ZNA Sint Erasmus:

Extra embellishments are welcome.

Stuffing has to be put in a piece of nylon tights.

- Karina Vermeulen
karina.inktvisjes@gmail.com

Brugge AZ Sint Jan:

- Ann Bruneel
inktvisjes4brugge@gmail.com

Deinze Sint Vincentius hospital:

No extra embellishments except well sewn eyes.

Stuffing has to be put in a piece of nylon tights.

- Mieke Amez
mieke.inktvisjes@gmail.com

Deurne AZ Monica:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Karina Vermeulen
karina.inktvisjes@gmail.com

Duffel AZ Sint Maarten:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Ilse Smeulders
inktvisjes.duffel@gmail.com

Geel AZ Sint Dimpna:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Tinny van de Vyver en Kelly Grieten
inktvisjes.geel@gmail.com

Genk Oost-Limburg hospital:

Stuffing has to be put in a piece of nylon tights.

- Erna Cuypers
inktvisjesgenk@gmail.com

Hasselt Jessa hospital:

Stuffing has to be put in a piece of nylon tights.

No contact information on the card.

- Sonja Proesmans en Anke Vanpol
inktvisjeshasselt@gmail.com

Herentals AZ Herentals:

Stuffing has to be put in a piece of nylon tights.

- Kim Bastiaens, Jacqueline van Loon en Tinny v.d. Vyver
inktvisjes.herentals@gmail.com

Ieper Jan Yperman hospital:

Stuffing has to be put in a piece of nylon tights.

No hats.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Jette UZ Brussel:

Stuffing has to be put in a piece of nylon tights.

Small, simple Squids are welcome.

Parents name the Squid, so you don't have to.

No contact information on the card.

- Tinneke Grauwels en Els Verheyen
inktvisjes.tinneke@telenet.be

Kortrijk AZ Groeninge:

- Olga Ivanova
LittleSquids4Kids@gmail.com

Leuven UZ Gasthuisberg:

Stuffing has to be put in a piece of nylon tights.

No cards.

- Mik Suetens en Tinneke Grauwels
inktvisjesleuven@gmail.com

Leuven Heilig Hart hospital:

Stuffing has to be put in a piece of nylon tights.

- Mik Suetens en Tinneke Grauwels
inktvisjesleuven@gmail.com

Malle AZ Sint Jozef:

- Margo de Feyter
defeytermargo@gmail.com

Mechelen AZ Sint Maarten:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Ilse Smeulders
inktvisjes.mechelen@gmail.com

Menen Heilig Hart hospital:

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Mol Heilig Hart hospital:

- Engelie Cuijpers
inktvisjes.mol@gmail.com

Oostende AZ Damiaan:

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Oostende AZ Sint Jan (campus Henri Serruys):

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Overpelt Maria hospital:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Ilse Verhoeven
InktvisjesVoorOverpelt@blue-gate.be

Roeselare Heilig Hart hospital:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Roeselare Stedelijk hospital:

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Tielt Sint Andries hospital:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Tienen RZ Heilig Hart:

*As little extra embellishments as possible.
Stuffing has to be put in a piece of nylon tights.
No contact information on the card.*

- Mik Suetens
inktvisjesmik@gmail.com

Tongeren AZ Vesalius:

- Sonja Proesmans
inktvisjestongeren@gmail.com

Turnhout AZ Turnhout:

Stuffing has to be put in a piece of nylon tights.

- Tinny v.d. Vyver
inktvisjes.turnhout@gmail.com

Veurne AZ Sint Augustinus:

Stuffing has to be put in a piece of nylon tights.

- Nathalie Levan
nathalie.inktvisjes@gmail.com

Waregem OLV van Lourdes hospital:

*No extra embellishments except well sewn eyes.
Stuffing has to be put in a piece of nylon tights.*

- Mieke Amez
mieke.inktvisjes@gmail.com

Wilrijk GZA Sint Augustinus:

Stuffing has to be put in a piece of nylon tights.

- Marianne Vranckx
inktvisjes.wilrijk@gmail.com

Dutch hospitals and their ambassadors

Alkmaar Medisch centrum Alkmaar:

No big embellishments.

Stuffing has to be put in a piece of nylon tights.

- Joke Damhuis en Diana Estoppey
inktvisjesalkmaar@gmail.com

Amersfoort Meander Medisch Centrum:

Stuffing has to be put in a piece of nylon tights.

Happy colors are welcome, but no red/white combo.

Round, friendly looking eyes are preferred.

- Carol Lorraine
inkieamersfoort@outlook.com

Amsterdam Sint Lucas Andreas hospital:

Stuffing has to be put in a piece of nylon tights.

Only embroidered eyes/mouth, no extra embellishments.

Cards are allowed, but a lot of parents in this hospital don't speak Dutch.

- Fenneke Blom
inktvisjes.fenneke@gmail.com

Apeldoorn Gelre hospital:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Renate en Martina van Veldhuizen
inktvisjesapeldoorn@gmail.com

Bergen op Zoom Lievensberg hospital:

As little extra embellishments as possible.

- Ingrid Lambregts
inktvisjeswestbrabant@gmail.com

Beverwijk Rode Kruis hospital:

- Linda Vos
inktvisjesbeverwijk@gmail.com

Blaricum Tergooi hospital:

Stuffing has to be put in a piece of nylon tights.

- Marion Quartel en Nelly Tijssen
inktvisjestergooi@gmail.com

Boxmeer Maasziekenhuis Pantein:

As little extra embellishments as possible.

No contact information on the card.

- Annelies van Spronsen
inktvisjesboxmeer@gmail.com

Den Bosch Jeroen Bosch hospital:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Tirza v.d. Elshout, Tessa Bakker en Suzanne v.d. Ven
inktvisjesdenbosch@gmail.com

Den Haag Bronovo hospital:

Stuffing has to be put in a piece of nylon tights.

- Mieke van Noort
mehmoen@gmail.com

Den Haag MCH Westeinde:

- Sietske Fousert
s.fousert@mchaaglanden.nl

Den Helder Gemini hospital:

No big embellishments.

Stuffing has to be put in a piece of nylon tights.

- Yvonne Severins
yvonne.inktvisjes@gmail.com

Deventer hospital:

This hospital manages everything internally; the ambassadors are nurses from NICU.

You can deliver your Squids in the hospital or send them to this address:

*Deventer ziekenhuis,
t.a.v. Afd. neonatologie, Gonnie v.d. Veen en Dita Vellema,
Nico Bolkesteinlaan 75, 7416 SE Deventer*

- Gonnie v.d. Veen en Dita Vellema

Doetinchem Slingeland hospital:

Only "flat" embellishments.

Stuffing has to be put in a piece of nylon tights.

- Gerda Lindeman
inktvisjes108@gmail.com

Ede Gelderse Vallei hospital:

Stuffing has to be put in a piece of nylon tights.

Tentacles have to be between 16 en 20 cm.

- Dorothea v.d. Poel en Ingrid Berger
inktvisjesvoorgeldersevallei@gmail.com

Emmen Scheper hospital:

Stuffing has to be put in a piece of nylon tights.

Soft happy colors are preferred.

No sewn-on embellishments.

- Sanneke Velthuis
inktvisjevoorsze@gmail.com

Goes Admiraal de Ruyter hospital:

As little extra embellishments as possible.

Stuffing has to be put in a piece of nylon tights.

- Tirza v.d. Elshout en Yvonne Verbeek
inktvisjesgoes@gmail.com

Gouda Groene Hart hospital:

Stuffing has to be put in a piece of nylon tights.

- Liesbeth van der Linden
inktvisjes.liesbeth@gmail.com

Groningen Martini hospital:

Stuffing has to be put in a piece of nylon tights.

- Debbie Schaafsma
debbie-inktvis@hotmail.com

Hardenberg Röpcke-Zweers hospital:

Stuffing has to be put in a piece of nylon tights.

Small Squids in soft colors are welcome.

- Gerlinde Dragt
inktvisjesvoorhardenberg@gmail.com

Harderwijk Sint Jansdal hospital:

Stuffing has to be put in a piece of nylon tights.

Happy colors are preferred.

No dark eyes.

- Elga Leusink en Marion Quartel
inktvisjesharderwijk@gmail.com

Heerenveen De Tjongerschans:

Stuffing has to be put in a piece of nylon tights.

No cards.

- Hermien Otten en Grietje Hofma
hofminktvis@gmail.com

Heerlen Atrium medisch centrum:

Stuffing has to be put in a piece of nylon tights.

Don't stuff your Squid too hard.

- Sylvia Stevens en Jill Sormani
inktvisjesvoorheerlen@gmail.com

Hoofddorp Spaarne hospital:

- Karin Weijers

inktvisjeshetspaarnehoofddorp@gmail.com

Hoorn Westfries Gasthuis:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

Sets of 2 identical Squids are preferred.

- Mirjam Korfage, Irene Kolenberg en Fiona Stulp
westfriesse.inktvisjes@gmail.com

Leeuwarden Medisch centrum Leeuwarden:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Esther Bleijinga
inktvisjes@kpnmail.nl

Leiderdorp Rijnland hospital:

*Stuffing has to be put in a piece of nylon tights.
Don't stuff your Squid too hard.*

- Marieke van Strater en Merel van Rijn
inktvisjesrijnland@gmail.com

Lelystad Zuiderzee hospital:

Small Squids are welcome.

- Jannie de Vries en Jantine v.d. Pal
inktvisjesvoorlelystad@gmail.com

Maastricht AZ Maastricht:

- Mariëlla Ramakers en Jolanda van Hooren
inktvisjesmaastricht@gmail.com

Nieuwegein Antonius hospital:

- Monique van Kinderen en Sanne Docter
inktvisjesantonius@gmail.com

Purmerend Waterland hospital:

Stuffing has to be put in a piece of nylon tights.

- Riet Binnenwijzend en Corrie Boonstra
inktvisjespurmerend@gmail.com

Roosendaal Franciscus hospital:

As little embellishments as possible.

- Ingrid Lambregts
inktvisjeswestbrabant@gmail.com

Rotterdam Erasmus MC (Sophia):

- Monica Fennema
e.rosing@erasmusmc.nl

Rotterdam Ikazia hospital:

- Corine van Heemskerk
inktvisjeikazia@gmail.com

Rotterdam Sint Franciscus Gasthuis:

As little extra embellishments as possible.

- Tjarda den Dunnen
kleineinktvisjes@gmail.com

Schiedam Vlietland hospital:

- Corrina v.'t Hof
inktviscorrina@gmail.com

Sneek Antonius hospital:

*Only embroidered eyes/mouth, no further embellishments.
Stuffing has to be put in a piece of nylon tights.
No cards.*

- Esther Vonk
inktvisjes.sneek@gmail.com

Terneuzen ZorgSaam hospital:

Stuffing has to be put in a piece of nylon tights.

- Tienieke Herman
tieneke.inktvisjes@gmail.com

Tilburg Sint Elisabeth hospital:

Stuffing has to be put in a piece of nylon tights.

- Arjette Panis
inktvisjestilburg@gmail.com

Veldhoven Maxima medisch centrum:

Only "flat" embellishments.

Stuffing has to be put in a piece of nylon tights.

- Miranda en Denise Heeren
inktvisjesveldhoven@onsmail.nl

Venlo VieCuri medisch centrum:

Stuffing has to be put in a piece of nylon tights.

- Bea Bexkens
inktvisjesvenlo@gmail.com

Weert Sint Jans Gasthuis:

Only "flat" embellishments.

Stuffing has to be put in a piece of nylon tights.

- Carly Stroomer en Elly Pennemans
inktvisjesweert@gmail.com

Woerden Zuwe Hofpoort hospital:

- Nathalie van den Bosch
inktvisjesvoorwoerden@ziggo.nl

Zaandam Zaans medisch centrum:

Only one sewn-on embellishment per Squid.

- Judith Zeeman en Joyce Keasberry
inktvisjeszaandam@gmail.com

Zutphen Gelre hospitals:

Only eyes, no further embellishments.

Stuffing has to be put in a piece of nylon tights.

- Renate en Martina van Veldhuizen
inktvisjeszutphen@gmail.com

Crochet pattern for normal yarns

Bottom:

1. 5 sc in a magic ring
2. 2 sc in every sc = 10
3. (1 sc, 2 sc in the next sc) x5 = 15
4. (2 sc, 2 sc in the next sc) x5 = 20

Cut yarn and set aside, you will need the bottom when you start making tentacles.

Body:

1. 6 sc in a magic ring
2. 2 sc in every sc = 12
3. (1 sc, 2 sc in the next sc) x6 = 18
4. (2 sc, 2 sc in the next sc) x6 = 24
5. (3 sc, 2 sc in the next sc) x6 = 30
6. (4 sc, 2 sc in the next sc) x6 = 36
- 7-10. sc around = 36
11. sc around, but decrease 2 evenly = 34
12. sc around, but decrease 2 evenly = 32
13. sc around = 32
- 14-16. repeat last 3 rows, 4 decreased = 28
17. sc around, but decrease 2 evenly = 26
18. sc around = 26
- 19-24. repeat last 2 rows, 6 decreased = 20
25. sc around = 20

Stuff your Squid. It's better to put stuffing in nylon sock/tights first, to make sure absolutely no stuffing will come through the holes.

Tentacles:

While making tentacles, you will be also attaching the bottom as you go by inserting your hook through the loops of the body and the corresponding loops of the bottom.

26. 1 sc (through body and bottom), chain 50 (if your chain is longer than 20 cm, make it shorter), 2 sc in every chain stitch (so that it curls up), 1 sc in the next sc of the body and the bottom.

Repeat row 26 around. You should have 8 to 10 tentacles.

Eyes (make 2):

You can crochet eyes and sew them on the body or you can embroider eyes/facial features to your liking. The following instructions are just one of the possibilities.

1. 4 sc in a magic ring
2. 2 sc in every sc = 8
3. (1 sc, 2 sc in the next sc) x4 = 12
4. slip stitch, cut off the yarn leaving a long tail to sew the eye onto the body
5. embroider black eye centre with cotton yarn or sewing thread.

- Crochet pattern for thin yarns (type Catania):

Bottom:

1. 5 sc in a magic ring
2. 2 sc in every sc = 10
3. (1 sc, 2 sc in the next sc) x5 = 15
4. (2 sc, 2 sc in the next sc) x5 = 20

Cut yarn and set aside, you will need the bottom when you start making tentacles.

Body:

1. 6 sc in a magic ring
2. 2 sc in every sc = 12
3. (1 sc, 2 sc in the next sc) x6 = 18
4. (2 sc, 2 sc in the next sc) x6 = 24
5. (3 sc, 2 sc in the next sc) x6 = 30
6. (4 sc, 2 sc in the next sc) x6 = 36
7. (5 sc, 2 sc in the next sc) x6 = 42
8. (6 sc, 2 sc in the next sc) x6 = 48
- 9-13. sc around = 48
14. sc around, but decrease 3 evenly = 45
15. sc around, but decrease 3 evenly = 42
16. sc around = 42
17. sc around, but decrease 3 evenly = 39
18. sc around, but decrease 3 evenly = 36
19. sc around, but decrease 3 evenly = 33
20. sc around = 33
- 21-26. repeat last 2 rows 3 times more, 9 decreased = 24
27. sc around, but decrease 2 evenly = 22
28. sc around, but decrease 2 evenly = 20

Stuff your Squid. It's better to put stuffing in nylon sock/tights first, to make sure absolutely no stuffing will come through the holes.

Tentacles:

While making tentacles, you will be also attaching the bottom as you go by inserting your hook through the loops of the body and the corresponding loops of the bottom.

29. 1 sc (through body and bottom), chain 50 (if your chain is longer than 20 cm, make it shorter), 2 sc in every chain stitch (so that it curls up), 1 sc in the next sc of the body and the bottom.

Repeat row 29 around. You should have 8 to 10 tentacles.

Eyes (make 2):

You can crochet eyes and sew them on the body or you can embroider eyes/facial features to your liking. The following instructions are just one of the possibilities.

1. 4 sc in a magic ring
2. 2 sc in every sc = 8
3. (1 sc, 2 sc in the next sc) x4 = 12
4. slip stitch, cut off the yarn leaving a long tail to sew the eye onto the body
5. embroider black eye centre with cotton yarn or sewing thread.

Have fun making Squids, you'll see it's very addictive!